



## 2019 Brain Injury Support Groups For Families & Caregivers

Please join us the first Wednesday of every month for a Family Support Group. This forum is open to the public and facilitated by ReMed Case Manager Jordan Kurland, MSS, LSW, CBIS. Join us to listen and talk about the issues you face as the family member or caregiver of a person with a brain injury. Topics include guardianship, stress management and self-care, resources, brain injury education and strategies for dealing with day to day life.

*Light refreshments will be provided!*

**Where:** ReMed Activity Center  
16 Industrial Boulevard  
Paoli, PA 19301

*Plenty of parking available!*

**When:**

January 9, 2019	July 10, 2019
February 6, 2019	August 7, 2019
March 6, 2019	September 4, 2019
April 3, 2019	October 2, 2019
May 1, 2019	November 6, 2019
June 5, 2019	December 4, 2019

**Time:** 6:30pm - 8:00pm

**For more information or to RSVP :**

Jordan Kurland, MSS, LSW, CBIS  
JKurland@remed.com or  
610-695-6315, ext. 208

This support group is scheduled in conjunction with the Council on Brain Injury's (CoBI) Re Discover U program ... while you are participating in the support group, your family member can try out CoBI's ReDiscover U Program designed to assist individuals with brain injury in learning new skills or rediscovering past interests through inclusive and diverse educational opportunities that enhance the health, well-being, and knowledge of those who participate in the classes.