



Intensive NeuroBehavioral and NeuroRehabilitation System

Short-Term Intensive Rehabilitation Services (STIRS) provides a continuum of therapeutically intensive residential settings that focus on neurobehavioral management, neuro-cognitive rehabilitation and community re-entry through comprehensive assessment and treatment. Programs can be developed for individuals with co-occurring disorders including vestibular issues, chronic pain, substance abuse and mood disorders. Services are provided seven days a week, 24-hours a day. Functional abilities and behavioral status are assessed and individualized treatment plans are designed to facilitate communication, conflict resolution, behavioral management techniques, independence in daily living skills, vocational pursuits, and leisure interests. Success in these areas enables individuals to move on to more independent settings.

Individual Statistics*

- Satisfaction with Services and Staff: 100% for clients and 100% for families
- Average length of stay is 3.3 months (Willow Pond/Chester Rd)

Short-Term Intensive Residential Program's Outcome Statistics

% of individuals who achieved their functional, behavioral, vocational and supervision goals

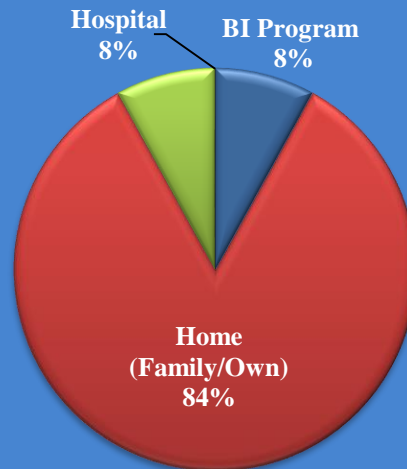
Supervision Rating Scale

67%

Mayo Portland Adaptability Inventory-4

89%

Short-Term Intensive Residential Program's Disposition after Discharge

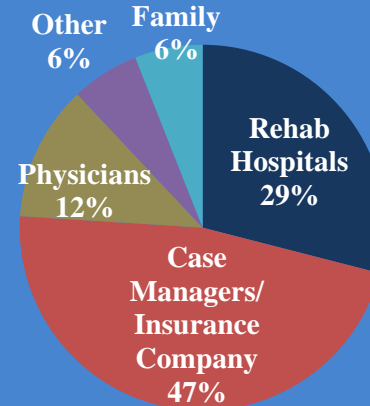


*Individual statistics are based on the discharged population (n=12)

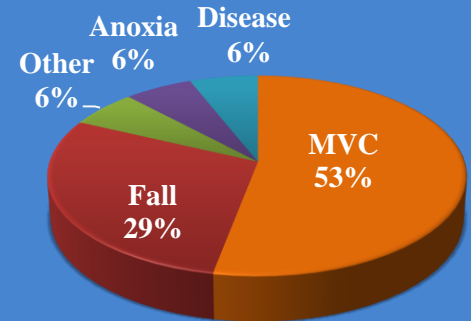
Program Demographics

88% Male; 12% Female
Avg. current age 56 yrs
Avg. age at injury 49 yrs
Avg. age at admit 53 yrs

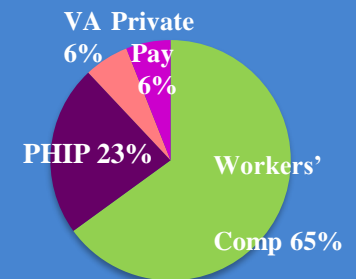
Referral Sources



STIRS Program's Cause of Injury



Funding Sources for the STIRS Program



Staffing & Services

Medical/Rehab Nursing Support and Care Coordination

Neuropsychiatry and Psychiatry provide on-site visits. Medical Director & Neuropsychiatry on-call 24 hours/day. Rehabilitation Case Manager Monday through Friday; Physician and Nursing oversight provided; RN/clinical on-call services 24 hours/day.

Therapy Services

Behavior Team consists of Behavior Analyst, Associate Behavior Analyst and Behavior Specialists (Paoli Only). On-site therapy team intensive therapy services (Psych, PT, OT, SP and Behavior Analysis) up to 5 hours per day. Additional therapy services include: Neuropsychology (for evaluations in PGH), Drug & Alcohol counseling and Therapeutic Recreation. Vocational services available. TRs routinely assist individuals with leisure planning and participation in activities both on campus and in the community.

Stable Activity Plan

Stable Activity Plan elements typically include on campus therapy and facilitator services; leisure/recreational programming customized to support clinical needs of the individual and access to the community.

Staffing

Staffing ratios of 1:2 direct care staff; 1:1 as needed. Serves High Acuity (medical & behavioral) individuals. Staff skilled in: behavioral techniques and data collection, CPI (crisis prevention) certification; and advanced brain injury rehabilitation skills. CBIS certified staff. Overnight supervision and assistance provided; addresses turning and incontinence issues as needed. Individuals are assisted with transportation. Wheelchair vans on-site or available when needed.